

TIDE & TRAIL

Forgotten Coast Weekend Checklist

Tifton, GA → Carrabelle · Steinhatchee · Apalachicola

Before you leave Tifton

- Check wind, swell, and marine forecast for all three towns
- Confirm FWC seasons/size limits for target species (offline copy)
- License / ID / cash for ramps
- Fill cooler with ice plan (extra bag for Sunday drive home)
- Charge dive computer / phone / camera + spare batteries
- Backup mask, spare bands, tools, anti-fog
- Tell someone your ramp, boat plan, and return window

Dive bag — on your body

- Low-volume mask + snorkel
- Wetsuit (3mm summer / 5mm winter Gulf)
- Weight belt tested for buoyancy
- Long-blade fins + booties
- Gloves
- Gun or pole spear + stringer / fish grip
- Dive knife / shears

Safety

- Dive flag + float line (bright, tall)
- Buddy brief: max depth, turn pressure/time, signals
- First aid kit
- Hydration + food for long surface intervals
- No solo deep drops unless crew plan explicitly allows

Truck / boat logistics

- Mesh gear bag (wet kit stays out of cab)
- Towels, shade, dry clothes
- Phone mount + charger
- Ice and fish bag legal for transport
- Use drive planner: primalpursuitoutdoors.com/tools.html

Free checklist from Tide & Trail · Tifton spearo · Print and laminate if you want boat-proof.

primalpursuitoutdoors.com · Verify FWC rules before every dive. Not legal advice.